

## ATLANTIC COLLEGE OF THERAPEUTIC MASSAGE NEWS

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Welcome to this first issue of the Atlantic College of Therapeutic Massage News!

Through this newsletter we plan to keep our alumni, faculty, staff and friends updated on present and future events and programs at ACTM.

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### 1. GRADUATION

We were excited and proud to complete our second graduating class on March 28, 2003. Ceremonies for the thirteen enthusiastic students included an emotional valedictory address by Stephanie Mummery, as well as an inspirational presentation by the guest speaker, Milton Bingham. Milton is a Certified Sport Massage Therapist, Level 3. He is the team therapist for the Canadian National Synchronized Swim Team and the Canadian National Cricket Team. He lives in Toronto and works with athletes from a number of other sports as well as with the Canadian Sport Centre. We have had Milton at the College conducting sport massage training courses in the past, and were very pleased to have him here to share his experiences with the graduates.

The graduating class was composed of the following students:

Crystal Brewer  
Cathy Colburne  
Natasha Flewelling  
Jackie Greenman  
Andrea MacDonald  
Christian McGinnis  
Stephanie Mummery  
Susan Newell  
Brennan Ossinger  
Julie Piercey

Cynthia Ratelle  
Melanie Short  
Tyson Stewart

## 2. ALUMNI

The alumni of ACTM now number twenty in all! We know this is a small number, but each and every one of our alumni are skilled massage therapists and we are proud of them all. Together with the March, 2003 graduating class, seven students graduated on June 28, 2002:

Jennifer Brewer  
Stephanie Calhoun  
Jennifer Jonah  
Amanda Keenan  
Jessica Myra  
Carol Rickard  
Elizabeth Seiffert

All of our graduates who have sought employment are employed. Many are doing extremely well in private practice throughout New Brunswick and in Ontario and Maine.

Also, congratulations to all of the recent graduates who wrote the certification exams of the Association of New Brunswick Massage Therapists. All of the graduates passed the exams and are now Registered Massage Therapists. We also acknowledge all of the students presently attempting to write the board exams of the College of Massage Therapists of Ontario this May. We wish them all success

We would love to hear from any of our alumni and invite you to send your comments and experiences to us, for inclusion in future newsletters.

## 3. FACULTY CHANGES

As of March 24, 2003, Dr. Judah Bunin has joined the faculty of ACTM as an instructor. Dr. Bunin joins with the other six instructors at ACTM, four of whom are teaching on a full-time, permanent basis. Dr. Bunin is a naturopathic doctor, having completed his Master of Science degree at the University of New Brunswick. Our other instructors are:

Nadine Currie, B.P.E., R.M.T.  
Candace Gerrior, R.M.T.  
Lisa Ivany, R.M.T.  
Robert Jackson, B.A., LL.B.  
Gary Keeling, B.P.E., B.Sc.(PT)  
Steve McKay, B.P.E., S.Sc.(PT), C.A.F.C.)

## 4. CONTINUING EDUCATION

ACTM will be hosting the following continuing education programs:

A. June 20-22, 2003 Cranial Sacral Therapy - The Basics and More. The McKeel Seminar Group (Gary Keeling, B.P.E., B.Sc.(PT) and Steve McKay, B.P.E., S.Sc.(PT), C.A.F.C.) will present this first seminar in a practical education series on Manual Therapy techniques. This first seminar is for those with no background in cranial sacral or associated

techniques, or for those who have taken an introductory level of cranial sacral therapy but who need more guidance as to where to start and how to develop their three dimensional awareness in palpation and treatment.

B. July 26-27, 2003 Heated Stone Massage Course. The Healing Arts Learning Organization will present this eight hour course on both July 26 and on July 27, incorporating the use of heated basalt lava stones and massage to create a deep state of relaxation. Debbie Leland (RMT since 1993) and Cathy Biedinger (certified Reflexology teacher) from Paris, Ontario will be in Fredericton to present the course. This course provides participants with 4 Continuing Education Units through the College of Massage Therapists of Ontario.

C. July 24-26, 2003 Massage Therapy for Pregnancy. Trimesters Massage Therapy Education (Cindy McNeely, M.T.) returns to New Brunswick to present this 3 day, 20 hour course, giving participants a solid theoretical and practical foundation for providing massage therapy for the pregnant client. This course provides participants with 10 Continuing Education Units through the College of Massage Therapists of Ontario.

All courses will take place at the Fredericton campus of the Atlantic College of Therapeutic Massage. For information and registration for these courses, please contact the Atlantic College of Therapeutic Massage.

## 5. PUBLIC CLINICS

A. Our public clinic at Kings Place is now operating Monday to Wednesday from 4:00 p.m. to 8:00 p.m. with five senior students providing one hour treatments each evening at 4:00, 5:30 and 7:00 p.m. The students are supervised by a Registered Massage Therapist. Fifteen (15) clients can be seen each evening, and the clinic bookings have been brisk. The cost is \$15.00 plus HST for each one hour treatment. The clinic will expand its treatment days in July, 2003 and hopes to be able to accommodate the high volume of clients who are calling to request treatment.

B. Workplace clinics are underway with the New Brunswick Department of Transportation. Future clinics are planned to continue in government departments and/or corporate settings in downtown Fredericton commencing July 8, 2003. Any organizations interested in setting up sessions should contact ACTM.

C. Although it resembles a M.A.S.H. unit more than a clinic, on May 4, 2003 our students will provide post event massage services for competitors in the 25<sup>th</sup> annual Fredericton Marathon. This is the third consecutive year that ACTM will be donating its services for the Fredericton Marathon, in assisting dozens of athletes to recover from the race.

## 6. FREE ARTHRITIS AND FIBROMYALGIA CLINIC

ACTM is offering a free clinic for people living with arthritis and fibromyalgia. This clinic takes place on Thursdays from noon to 3:00 p.m. and is staffed by students, supervised by a Registered Massage Therapist. Anyone interested in this clinic should contact ACTM as soon as possible.

We have been overwhelmed by the interest in this free service and are presently booked until the end of June, 2003. However, anyone interested in future sessions should contact ACTM as soon as possible. Other medical Associations and/or Support Groups are encouraged to contact ACTM to arrange a 9 week free clinic.

## 7. ACCELERATED PROGRAM

We are excited to introduce our accelerated program! This program leads to a diploma in massage therapy in fifteen months, instead of our standard eighteen months. The program is open only to B.Sc. Kinesiology Graduates and recognizes the course credits in sciences and health sciences accumulated by such graduates.

The accelerated program will begin on July 2, 2003 with a minimum required class size of five students. Tuition will be prorated based upon the reduced program period.

## 8. WHO WE ARE

We are massage therapy education at its best. Located at Kings Place, 440 King Street, Fredericton, N.B., the Atlantic College of Therapeutic Massage delivers a program of massage therapy education equivalent to Ontario standards. We have the only known 18 month program in New Brunswick, P.E.I. and Newfoundland. Look to us for innovation in:

- massage therapy education;
- cooperative agreements for students pursuing University education;
- clinical outreach programs; and
- continuing education

## 9. WEB SITE SUGGESTION

epguides.com Want to find out what happened last week on your favorite television show? Want to find out what happened ten years ago on that show? Try epguides.com. The site lists over 2000 television shows alphabetically, many of the shows referencing guest stars and plot summaries. The information and links to biographies and related movie roles is endless.

## 10. THE FINE PRINT

Suggestions for new items to include, such as classified ads, are welcome. Suggestions for Web Site of the Month are welcome. Your input will be acknowledged.

If this newsletter is useful for you, feel free to pass it on to friends and colleagues.

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