

ATLANTIC COLLEGE OF THERAPEUTIC MASSAGE NEWS

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Welcome to this the seventeenth issue of the Atlantic College of Therapeutic Massage News! Through this newsletter we keep our alumni, faculty, staff and massage therapy professionals updated on present and future events and programs at ACTM, as well as trends in the profession.

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1. OPEN HOUSE

Come and see what ACTM has to offer! **On Saturday August 25, 2007 we will be hosting an open house** from 2:00 to 4:00 p.m. for those interested in finding out more about our school and its programs. If you or someone you know would like to tour the school, meet with instructors and staff, or sit in on a presentation, please drop by on that date. More information and registration for this event are available by contacting us at (506) 451-8188 or at actm@nb.aibn.com

2. LIMITED SPACE FOR STUDENTS STARTING IN OCTOBER 2007

On October 1, 2007 a new group of students will be starting our 18-month program. Already, many applications have been received from across Canada. There is limited space available for people who are still interested in attending this class. Applications should be sent to ACTM as soon as possible to ensure that you will have a seat in the program. Information and application forms are available here:

<http://www.actmonline.com/admissions.html>

3. ALUMNI NEWS

A. Congratulations to Melanie Short (ACTM 2003) and Lindsay Garnhum (ACTM 2005), both of whom graduated in June, 2007 from the University of New Brunswick with a Bachelor of Science in Kinesiology.

B. Congratulations to Eric Mathis (ACTM 2006) who was awarded Honorable Mention, third place, by the Massage Therapy Foundation for his case study on Massage Therapy and Cancer.

C. Elizabeth Seiffert (ACTM 2002) was recently inducted into the Fredericton Sports Wall of Fame in recognition of her accomplishments as a Triathlete. Well done!

4. FACULTY AND STAFF NEWS

A. ACTM is pleased to announce the graduation of our Academic Director, Candace Gerrior, from the University of New Brunswick. Candace received a Bachelor of Education in Adult Education at ceremonies in Fredericton in May, 2007.

B. Welcome to Julie McKeen ND, who has joined ACTM as a part-time biology tutorial instructor.

C. Congratulations are also in order for Steve McKay, who completed his Osteopathy Training and is currently working on his Thesis to finalize his degree in Osteopathic Medicine.

D. Acknowledgment should also be made to long time ACTM guest speaker, research collaborator, and Associate Professor at UNB, Dr. Wayne Albert. His research paper was published in the Spring 2007 Massage Therapy Canada Magazine. For more information on their publication please visit their website at <http://www.massagetherapycanada.com>

5. CERTIFICATION COURSES

New start dates are coming up for the Canine Massage Certification, Sports Therapy Certification, and Perinatal Massage Certification. Please check our website regularly for upcoming dates at <http://www.actmonline.com/coned.html>

6. CANINE MASSAGE CERTIFICATION GRADUATES

On June 2, 2007 four students completed the Canine Massage Certification and the Feline and Small Animal Massage training at ACTM. We would like to congratulate Elana, Jerrica, Nina, and Erica for completing the course, taught by ACTM Instructor Sharon Jones-Gilmore.

7. ACTM DOES ITS PART FOR THE ENVIRONMENT

As of May, 2007 ACTM has replaced its regular detergent with an environmentally-friendly laundry detergent. Specifically formulated for cold-water washing, it saves on energy. Because it's 3 times more concentrated than other detergent, it uses 66% less packaging.

ACTM also does its part for the environment by recycling all of its paper, plastic and bottle products that are used at the College. The College also uses Benefect Disinfectant, the first and only botanical disinfectant in North America. So safe it doesn't require a

warning label but still eliminates over 99.99% of bacteria. For more information on this product please visit www.benefect.com

To help reduce energy and water consumption, ACTM has also purchased a high efficiency front load washer. This new washer only needs a fraction of the detergent and water that a regular washer would require.

8. BURSARIES AWARDED

Through its bursary program, ACTM awards \$500.00 to each student who successfully completes the first half of the massage therapy program AND has successfully completed at least one year of post-secondary education in health sciences. We are pleased to announce that Meghan Duffy was recently awarded this ACTM bursary.

9. JOINTS IN MOTION

Nadine Currie Jackson has undertaken a major fundraising project to benefit The Arthritis Society. Nadine is raising money and running miles! On November 4, 2007 she will run a marathon in Athens, Greece to culminate her project to raise \$6,300.00 in support of the work of The Arthritis Society. In less than four months Nadine has already raised 71% of her goal. If you would like to learn more, read her blog or help her out, please visit her web page at [Nadine's Home Page](#).

10. PREGNANCY MASSAGE CLINIC

Pregnancy Massage – August 17, 2007 – Volunteers are needed as massage therapy clients. Volunteers must be in their 14th to 42nd week of pregnancy as of April 17, 2007. Appointments can be scheduled by calling (506) 451-8664.

11. OUTREACHES

ACTM has participated in several outreaches including the Fredericton Marathon (with over 850 athletes participating!), Relay for Life (Oromocto & Fredericton), Spring Sprint (Brain Tumor Foundation), Fredericton Moms of Multiples, Bridges House at UNB, Marysville School and Walk for MS.

12. MASSAGE THERAPY PRACTICE MAGAZINE

Massage Therapy Practice Magazine has begun its online publication. You can view what they have to offer on their website at <http://www.massagetherapypractice.com>

13. PUBLIC CLINIC

Our public clinic at Kings Place will recommence on July 3, 2007. Appointments are available Mondays, Tuesdays, Wednesdays and Thursdays at 4:00, 5:30 and 7:00 p.m. An experienced Registered Massage Therapist supervises all of the student massage therapists. The cost is \$20.00 including HST for each ninety-minute appointment. Please call us at 451-8188 for an appointment.

14. WHO WE ARE

We are massage therapy education at its best. Located at Kings Place, 440 King Street, Fredericton, N.B., the Atlantic College of Therapeutic Massage delivers a program of massage therapy education equivalent to the competency standards of the College of Massage Therapists of Ontario. Look to us for innovation in:

- Massage therapy education;
- Cooperative agreements for students pursuing University education;
- Clinical outreach programs; and
- Continuing education

15. WEB SITE SUGGESTION

Are you a Massage Nerd?? Do you want to know each every possible thing about massage? Chances are, you're not as big a massage nerd as www.massagenerd.com There you will find enough video clips, free e-books, test questions and merchandise to keep you occupied for days. Enjoy!

16. THE FINE PRINT

We welcome suggestions for new items, such as classified ads.

Web Site suggestions are also welcome. Your input will be acknowledged.

If this newsletter is useful for you, feel free to pass it on to friends and colleagues.

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There is no charge to sign up for this publication, or to sign out.

This newsletter is brought to you with pleasure and in good health, by:

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